



TECHNICAL  
DESCRIPTION  
**BEAUTY  
THERAPY**



WorldSkills International, by a resolution of the Technical Committee and in accordance with the Constitution, the Standing Orders and the Competition Rules, has adopted the following minimum requirements for this skill for the WorldSkills Competition.

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# 1 INTRODUCTION

## 1.1 NAME AND DESCRIPTION OF THE SKILL COMPETITION

1.1.1 The name of the skill competition is

Beauty Therapy

1.1.2 Description of the associated work role(s) or occupation(s).

A beauty therapist generally works in the commercial sector, offering specialist services, treatments and advice for the skin, body care, massage and make-up of individual clients. There is a direct relationship between the nature and quality of the service required, and the payment made by the client. Therefore the beauty therapist has a continuing responsibility to work professionally and interactively with the client in order to give satisfaction and thus maintain and grow the business. Beauty therapy is closely associated with other parts of the service sector, such as hairdressing, fashion, and media and with the many products and services that support it, normally for commercial purposes.

Beauty therapy also has an important therapeutic role in supporting individual's self-esteem and confidence. It also helps to ameliorate the effects of illness, and can aid recovery.

The beauty therapist works in diverse environments, including large or small salons within leisure and health related organizations. The specialist services and treatments offered by the beauty therapist relate to the: face, body, feet, hands and nails. The beauty therapist may specialize, for example in manicure or pedicure. Irrespective of this, work organization and management, professional attitude, client care and relationships are the universal attributes of the outstanding beauty therapist.

The beauty therapist works in a 1:1 relationship with clients and can be part of a wider team. Whatever the structure of the work, the trained and experienced beauty therapist takes on a high level of personal responsibility and autonomy. From safeguarding the health and wellbeing of the client through scrupulous attention to safe working, to achieving exceptional make-up effects for special occasions, every treatment matters and mistakes are largely irreversible.

With the growing worldwide demand for beauty therapy services and associated products, and the international mobility of people, the beauty therapist faces rapidly expanding opportunities and challenges. For the talented beauty therapist there are many commercial and international opportunities; however, these carry with them the need to understand and work with diverse cultures and trends. The diversity of skills associated with beauty therapy is therefore likely to expand.

## 1.2 THE RELEVANCE AND SIGNIFICANCE OF THIS DOCUMENT

This document contains information about the standards required to compete in this skill competition, and the assessment principles, methods and procedures that govern the competition.

Every Expert and Competitor must know and understand this Technical Description.

In the event of any conflict within the different languages of the Technical Descriptions, the English version takes precedence.



## 1.3 ASSOCIATED DOCUMENTS

Since this Technical Description contains only skill-specific information it must be used in association with the following:

- WSI – Competition Rules
- WSI – WorldSkills Standards Specification framework
- WSI – WorldSkills Assessment Strategy (when available)
- WSI – Online resources as indicated in this document
- Host Country – Health and Safety regulations



## 2 THE WORLDSKILLS STANDARDS SPECIFICATION (WSSS)

### 2.1 GENERAL NOTES ON THE WSSS

The WSSS specifies the knowledge, understanding and specific skills that underpin international best practice in technical and vocational performance. It should reflect a shared global understanding of what the associated work role(s) or occupation(s) represent for industry and business ([www.worldskills.org/WSSS](http://www.worldskills.org/WSSS)).

The skill competition is intended to reflect international best practice as described by the WSSS, and to the extent that it is able to. The Standards Specification is therefore a guide to the required training and preparation for the skill competition.

In the skill competition the assessment of knowledge and understanding will take place through the assessment of performance. There will not be separate tests of knowledge and understanding.

The Standards Specification is divided into distinct sections with headings and reference numbers added.

Each section is assigned a percentage of the total marks to indicate its relative importance within the Standards Specification. The sum of all the percentage marks is 100.

The Marking Scheme and Test Project will assess only those skills that are set out in the Standards Specification. They will reflect the Standards Specification as comprehensively as possible within the constraints of the skill competition.

The Marking Scheme and Test Project will follow the allocation of marks within the Standards Specification to the extent practically possible. A variation of five percent is allowed, provided that this does not distort the weightings assigned by the Standards Specification.



## 2.2 WORLDSKILLS STANDARDS SPECIFICATION

SECTION		RELATIVE IMPORTANCE (%)
<b>1</b>	<b>Work organization and management</b>	<b>16</b>
	<p>The individual needs to know and understand:</p> <ul style="list-style-type: none"> <li>• Health, safety and hygiene legislation, rules and regulations as they apply to the Beauty Therapy industry</li> <li>• The range and purposes of tools, equipment and electrical instruments used for each of the various beauty treatments and how to use, maintain and store them safely and securely</li> <li>• The purposes, uses, care and potential risks associated with products, cosmetics and their ingredients</li> <li>• The importance of always following manufacturers' instructions</li> <li>• The professional ethics when dealing with referrals from medical specialists</li> <li>• The principles of ergonomics</li> <li>• The time required for each beauty therapy treatment</li> <li>• How a business works including the role of targets</li> <li>• The role of the individual in maintaining a successful business</li> <li>• The value of managing own continuing professional development</li> </ul>	
	<p>The individual shall be able to:</p> <ul style="list-style-type: none"> <li>• Prepare treatment area according to health, safety and hygiene requirements</li> <li>• Set up equipment and prepare tools and materials to support</li> <li>• Smooth and effective services and in compliance with manufacturers' instructions</li> <li>• Prepare treatment area to promote maximum efficiency</li> <li>• Create an inviting and relaxing ambience to provide client safety and comfort</li> <li>• Clean and tidy workstation after completion of treatment</li> <li>• Recommend and advise on products</li> <li>• Provide after care</li> <li>• Keep up-to-date with industry trends and fashions</li> </ul>	
<b>2</b>	<b>Professional demeanour</b>	<b>14</b>
	<p>The individual needs to know and understand:</p> <ul style="list-style-type: none"> <li>• How professional demeanour and presentation is essential for building positive client and colleague relationships</li> <li>• The significance of self-management and presentation for the comfort and reassurance of the client</li> <li>• The importance of posture in creating a professional image</li> </ul>	



	<p>The individual shall be able to:</p> <ul style="list-style-type: none"> <li>• Demonstrate excellent client and colleague relationships</li> <li>• Practice a professional image and manner with regard to uniforms, personal grooming and interpersonal skills</li> <li>• Demonstrate respect for colleagues and clients</li> <li>• Manage own stress effectively</li> <li>• Maintain a balanced life-style with regular exercise</li> </ul>	
<b>3</b>	<b>Client care and relationships</b>	<b>16</b>
	<p>The individual needs to know and understand:</p> <ul style="list-style-type: none"> <li>• The requirement to keep records relating to clients, products and other relevant matters</li> <li>• Data protection requirements</li> <li>• The importance of client comfort, modesty and discretion</li> <li>• The relationship between client expectations and meeting their needs</li> <li>• Professional procedures when working with referrals from medical</li> <li>• The significance of listening carefully to the client and questioning closely to aid analysis and accurate interpretation of client wishes</li> <li>• Contra-indications and the reasons why a beauty therapist would not undertake a treatment</li> <li>• Contra-actions which can occur during a treatment and how they should be managed</li> <li>• Appropriate forms and styles for communicating with clients of different cultures, ages, expectations and preferences</li> <li>• The need to review the client holistically to ensure the correct treatment plan is designed</li> <li>• The importance of 'attention to detail' in all areas</li> <li>• The basis of effective and sustained client relationships</li> <li>• Nutritional science, the importance of exercise, skin conditions and hygiene</li> <li>• The common types of problem which can occur and how to resolve independently</li> </ul>	



	<p>The individual shall be able to:</p> <ul style="list-style-type: none"> <li>• Provide client services in a professional, safe and hygienic manner</li> <li>• Meet, greet and settle clients in a professional and welcoming manner</li> <li>• Provide the client with a relaxing and memorable service which meets their managed expectations</li> <li>• Accurately read and interpret body language</li> <li>• Respect cultural differences and adapt to client needs</li> <li>• Protect and maintain client dignity</li> <li>• Undertake a visual and manual examination</li> <li>• Recognize contra indications during the consultation and respond to them</li> <li>• Clarify the client's expectations and requirements during the consultation</li> <li>• Provide advice on colours, style, products and how to care for skin and body</li> <li>• Provide advice on all treatments</li> <li>• Maintain positive contact with the client throughout the treatment</li> <li>• Identify any contra actions during treatments and respond to them appropriately</li> <li>• Seek feedback from the client before concluding the treatments</li> <li>• Recognize and understand problems swiftly and follow a self-managed process for resolving</li> <li>• Ensure a positive departure</li> </ul>	
<b>4</b>	<b>Temporary hair removal</b>	<b>12</b>
	<p>The individual needs to know and understand:</p> <ul style="list-style-type: none"> <li>• Hair and skin type and structure</li> <li>• Skin and hair condition</li> <li>• Products and equipment required to undertake waxing procedures</li> <li>• The importance of practicing correct hygienic procedures when dealing with blood and bodily fluid</li> </ul>	
	<p>The individual shall be able to:</p> <ul style="list-style-type: none"> <li>• Prepare and test the wax to hygiene specification</li> <li>• Accurately assess client's hair/skin type and tolerance levels</li> <li>• Test the wax temperature before the wax service</li> <li>• apply and remove wax, using soothing product, according to the client's needs and following health and safety guidelines</li> <li>• Carry out hot and warm strip waxing techniques on a variety of areas</li> <li>• Apply and remove wax with minimum trauma to the skin</li> <li>• Deal with any blood and bodily fluids safely and hygienically to eliminate infection to others</li> <li>• Apply tweezers to shape and define eyebrows</li> </ul>	





5	Face	15
	<p>The individual needs to know and understand:</p> <ul style="list-style-type: none"> <li>• The methods of client and station preparation for Advanced Facial Treatment</li> <li>• The importance of following safety procedures in using and maintaining electrical instruments</li> <li>• Different skin conditions and how they should be treated</li> <li>• The problems related to the use of chemicals near the eyes</li> <li>• The different types and colours of make-up products needed to achieve a desired outcome</li> <li>• The importance of being able to solve problems independently</li> </ul>	
	<p>The individual shall be able to:</p> <ul style="list-style-type: none"> <li>• Provide client services in a professional, safe and hygienic manner</li> <li>• Identify the correct method of client preparation for the facial treatment taking into consideration client comfort and modesty</li> <li>• The methods of client and area preparation for Advanced Facial Treatment</li> <li>• Carry out full facial skin analysis</li> <li>• Choose products for each skin type and client's needs</li> <li>• Complete full facial treatments including the use of specialist skin care products and electrical equipment to meet the needs of the client</li> <li>• Carry out eyebrow and eyelash treatments to meet client's requirements</li> <li>• Apply make-up for a range of occasions including fantasy styles</li> <li>• Offer after-care advice</li> </ul>	
6	Body	15
	<p>The individual needs to know and understand:</p> <ul style="list-style-type: none"> <li>• The methods of client and station preparation for Body Treatment</li> <li>• Anatomy and physiology of the body systems</li> <li>• Body types, muscle tone, skin structure and related medical conditions</li> <li>• The importance of following safety procedures in using and maintaining electrical instruments</li> <li>• The range of body massage treatments</li> <li>• The range of mechanical massage techniques</li> <li>• Cultural differences and requirements</li> <li>• The nature, purpose and use of essential oils</li> </ul>	
	<p>The individual shall be able to:</p> <ul style="list-style-type: none"> <li>• Develop a Body Treatment plan to meet the identified needs of the client</li> <li>• Identify the correct method of client preparation for the Body Treatment taking into consideration client comfort and modesty</li> <li>• Select the correct product for the client's needs</li> <li>• Select, apply and remove body scrub product based on client's needs</li> <li>• Select, apply and remove body wrap product based on client's needs</li> <li>• Perform massage with appropriate rhythm, speed, pressure and range of movements</li> <li>• Use a range of mechanical treatments</li> <li>• Use a range of aromatherapy oils and blend a synergistic blend for individual clients requirements</li> </ul>	



7	Feet, hands and nails	12
	<p>The individual needs to know and understand:</p> <ul style="list-style-type: none"><li>• Nail and skin infections and problems – hands and feet</li><li>• Manicure and pedicure procedures and treatments</li><li>• Maintenance and repair of natural and artificial nails</li><li>• Artificial nail applications</li><li>• New nail vogues and styles</li></ul>	
	<p>The individual shall be able to:</p> <ul style="list-style-type: none"><li>• Prepare area for nail treatments with appropriate products and ergonomic design</li><li>• Carry out spa manicure and pedicure treatments using a full range of treatments and products to meet client 'needs</li><li>• Carry out treatments to include, exfoliation, cuticle, massage, mask and varnish application</li><li>• Apply a range of nail art designs</li><li>• Apply Gel Polish cured by the Blue UV curing light</li><li>• Apply artificial nail tips</li><li>• Apply a range of nail systems</li></ul>	



## 3 THE ASSESSMENT STRATEGY AND SPECIFICATION

### 3.1 GENERAL GUIDANCE

Assessment is governed by the WorldSkills Assessment Strategy. The Strategy establishes the principles and techniques to which WorldSkills assessment must conform.

Expert assessment practice lies at the heart of the WorldSkills Competition. For this reason it is the subject of continuing professional development and scrutiny. The growth of expertise in assessment will inform the future use and direction of the main assessment instruments used by the WorldSkills Competition: the Marking Scheme, Test Project, and Competition Information System (CIS).

Assessment at the WorldSkills Competition falls into two broad types: measurement and judgment. These are referred to as **objective** and **subjective**, respectively. For both types of assessment the use of explicit benchmarks against which to assess each Aspect is essential to guarantee quality.

The Marking Scheme must follow the weightings within the Standards Specification. The Test Project is the assessment vehicle for the skill competition, and also follows the Standards Specification. The CIS enables the timely and accurate recording of marks, and has expanding supportive capacity.

The Marking Scheme, in outline, will lead the process of Test Project design. After this, the Marking Scheme and Test Project will be designed and developed through an iterative process, to ensure that both together optimize their relationship with the Standards Specification and the Assessment Strategy. They will be agreed by the Experts and submitted to WSI for approval together, in order to demonstrate their quality and conformity with the Standards Specification.

Prior to submission for approval to WSI, the Marking Scheme and Test Project will liaise with the WSI Skill Advisors in order to benefit from the capabilities of the CIS.



## 4 THE MARKING SCHEME

### 4.1 GENERAL GUIDANCE

This section describes the role and place of the Marking Scheme, how the Experts will assess Competitors' work as demonstrated through the Test Project, and the procedures and requirements for marking.

The Marking Scheme is the pivotal instrument of the WorldSkills Competition, in that it ties assessment to the standards that represent the skill. It is designed to allocate marks for each assessed aspect of performance in accordance with the weightings in the Standards Specification.

By reflecting the weightings in the Standards Specification, the Marking Scheme establishes the parameters for the design of the Test Project. Depending on the nature of the skill and its assessment needs, it may initially be appropriate to develop the Marking Scheme in more detail as a guide for Test Project design. Alternatively, initial Test Project design can be based on the outline Marking Scheme. From this point onwards the Marking Scheme and Test Project should be developed together.

Section 2.1 above indicates the extent to which the Marking Scheme and Test Project may diverge from the weightings given in the Standards Specification, if there is no practicable alternative.

The Marking Scheme and Test Project may be developed by one person, or several, or by all Experts. The detailed and final Marking Scheme and Test Project must be approved by the whole Expert Jury prior to submission for independent quality assurance. The exception to this process is for those skill competitions which use an external designer for the development of the Marking Scheme and Test Project.

In addition, Experts are encouraged to submit their Marking Schemes and Test Projects for comment and provisional approval well in advance of completion, in order to avoid disappointment or setbacks at a late stage. They are also advised to work with the CIS Team at this intermediate stage, in order to take full advantage of the possibilities of the CIS.

In all cases the complete and approved Marking Scheme must be entered into the CIS at least eight weeks prior to the Competition using the CIS standard spreadsheet or other agreed methods.

### 4.2 ASSESSMENT CRITERIA

The main headings of the Marking Scheme are the Assessment Criteria. These headings are derived in conjunction with the Test Project. In some skill competitions the Assessment Criteria may be similar to the section headings in the Standards Specification; in others they may be totally different. There will normally be between five and nine Assessment Criteria. Whether or not the headings match, the Marking Scheme must reflect the weightings in the Standards Specification.

Assessment Criteria are created by the person(s) developing the Marking Scheme, who are free to define criteria that they consider most suited to the assessment and marking of the Test Project. Each Assessment Criterion is defined by a letter (A-I).

The Mark Summary Form generated by the CIS will comprise a list of the Assessment Criteria.

The marks allocated to each criterion will be calculated by the CIS. These will be the cumulative sum of marks given to each aspect of assessment within that Assessment Criterion.



### 4.3 SUB CRITERIA

Each Assessment Criterion is divided into one or more Sub Criteria. Each Sub Criterion becomes the heading for a WorldSkills marking form.

Each marking form (Sub Criterion) has a specified day on which it will be marked.

Each marking form (Sub Criterion) contains either objective or subjective Aspects to be marked. Some Sub Criteria have both objective and subjective aspects, in which case there is a marking form for each.

### 4.4 ASPECTS

Each Aspect defines, in detail, a single item to be assessed and marked together with the marks, or instructions for how the marks are to be awarded. Aspects are assessed either objectively or subjectively and appear on the appropriate marking form.

The marking form lists, in detail, every Aspect to be marked together with the mark allocated to it and a reference to the section of the skill as set out in the Standards Specification.

The sum of the marks allocated to each Aspect must fall within the range of marks specified for that section of the skill in the Standards Specification. This will be displayed in the Mark Allocation Table of the CIS, in the following format, when the Marking Scheme is reviewed from C-8 weeks. (Section 4.1)

		CRITERIA										TOTAL MARKS PER SECTION
STANDARD SPECIFICATION SECTIONS												
TOTAL MARKS PER CRITERION												100

SAMPLE OF TABLE FROM CIS



## 4.5 SUBJECTIVE MARKING

Subjective marking uses the 10 point scale below. To apply the scale with rigour and consistency, subjective marking should be conducted using:

- benchmarks (criteria) to guide judgment against each Aspect
- the scale to indicate:
  - 0: non attempt;
  - 1-4: below industry standard;
  - 5-8: at or above industry standard;
  - 9-10: excellence.

## 4.6 OBJECTIVE MARKING

A minimum of three experts will be used to judge each aspect. Unless otherwise stated only the maximum mark or zero will be awarded. Where they are used, partial marks will be clearly defined within the Aspect.

## 4.7 THE USE OF OBJECTIVE AND SUBJECTIVE ASSESSMENT

The final deployment of objective or subjective assessment will be agreed when the Marking Scheme and Test Project are finalized. The table below is advisory only for the development of the Test Project and Marking Scheme.

SECTION	CRITERION	MARKS		
		Subjective	Objective	Total
A	Spa Nails treatments	5	20	25
B	Facial skin treatments	5	20	25
C	Body treatment	5	20	25
D	Make-up	5	15	20
E	Lash and brow	0	5	5
<b>Total</b>		<b>20</b>	<b>80</b>	<b>100</b>



## 4.8 COMPLETION OF SKILL ASSESSMENT SPECIFICATION

**Professional Attitude:** The Competitor must demonstrate professionalism to industry specification which will include a clean, neat appropriate uniform, no watch, necklace, rings, bracelet, the only exception being permitted are small stud earring and wedding band. The Competitor must have clean short fingernails without false nails or nail varnish. The hair is to be groomed neatly. Closed-in shoes appropriate to suit the beauty therapy uniform. The Competitor must be conscience of the cleanliness of his/her hands at all time during the treatment.

**Client preparation:** The Competitor must prepare the client to suit the treatment; this will be executed by positioning the client which is best for the Competitor to work. The draping of towels is neat and orderly, the client is secure with all jewellery removed. In a situation where the client is unable or not willing to remove jewellery the Experts judging must be informed by the Competitor.

**Preparation and cleaning of workstation:** The Competitor will prepare her/his workstation to suit the treatment using the designated towels and preparation materials. All products etc. will be positioned without causing disorder or confusion. The workstation will remain in order for the duration of the treatment by cleaning away used material while working. At the completion of the treatment the Competitor must clean the workstation by disposing of all rubbish and relining the bin with a clean bin liner. The dirty towels must be put in the selected laundry basket, the products and bowls washed and disinfected and place back on the product table, the bed, trolley, and etc. must be wiped with disinfectant cleaner. The clean towels and blankets must be placed on the bed. The workstation will be left as it was before the treatment was started.

**Treatment execution:** The Competitor will perform each treatment as she would in her own country using the standard adopted by the Competitor's own country. Each judging Expert will be responsible for the information of treatment execution for all countries being judged by her/him. The judging Experts will inquire if she/he is unsure of a technique being used by a Competitor to ensure marks are not deducted without cause. The assessment criteria may possibly be changed, added to or removed according to the Test Project development team to suit the supply of products, equipment, implements and model requirements according to availability of the Competition Organizer and to improve the outcome of The Test Projects.

- Advanced Facial with Ultra Sonic and Eye and Brow Treatments
- Body Treatment: Body Scrub, Body Wrap and Swedish massage plus Expressed Facial
- Lomi Lomi Style
- Spa Manicure and Spa Pedicure
- Evening Make up with Gel Polish on natural nails
- Fantasy Make Up: Rio Carnival with Nail Art on artificial tips



### **Spa Pedicure**

- Treatment area prepared for service according to Health and Hygiene requirements;
- Feet soaked and cleaned prior to the commencement of treatment;
- Toe nails clipped and filed;
- Cuticle treatment cream applied;
- Foot soaked for a minimum of five minutes;
- Cuticle area cleaned of any excess dead skin and cuticle;
- Foot scrubbed with the supplied pedicure product;
- Excess hard skin removed using with foot rasp or alternative implement used to erase the callous under the foot, no open blades or razor will be permitted in the competition;
- Foot mask applied to the foot and wrapped in plastic and foot/towel slippers;
- Massage applied to the feet;
- Toe nails painted with the Base coat, 2x polish and a top coat or buffed to a high shine depending on the test project to finish;
- Clean and tidy workstation.

### **Spa Manicure**

- Treatment area prepared for service according to health and hygiene requirements, nails filed, cut to suit client;
- Cuticles treated and cleaned of all excess cuticle and dead skin;
- Hand scrub and mask applied and removed to suit product;
- Hand and lower arm massage;
- Nails painted or buffed to a high shine by the direction of the Test Project.

### **Gel Polish application over natural nails with a French look**

- Treatment area prepared for service according to health and hygiene requirements;
- Natural nails prepared according to the product;
- Gel polish applied to create a French look;
- Gel overlay is cured under the UV light;
- Workstation clean and tidy.

### **Nail Art on Nail Tips**

- Treatment area prepared for service according to health and hygiene requirements;
- Nail tips are attached and blended onto natural nails prepared according to the product;
- Free style nail art applied using at least three techniques and products;
- Degree of complexity;
- Blends with Make-up theme;
- Finished look;
- Completed on time;
- Work area clean and tidy.





## Facial Treatment

### Basic Facial Treatment

- Prepare the workstation;
- Cleanse the skin;
- skin Analysis carried out;
- Correct products used for skin type and condition;
- Exfoliate the skin;
- Minor blemishes extracted without leaving trauma to the skin;
- Massage movements demonstrates pressure and routine to suit the client;
- Mask suitable for clients' needs;
- After treatment applied correctly;
- Workstation clean and tidy in completion of treatment.

### Advanced Facial Treatment using an Electrical Machine

- Prepare the work station;
- Cleanse the skin;
- Skin Analysis carried out;
- Correct products used for skin type and condition;
- Exfoliate the skin;
- Minor blemishes extracted without leaving trauma to the skin;
- Electrical treatment applied to the face;
- Massage movements demonstrates pressure and routine to suit the client;
- Correct Mask prepared, applied and removed correctly;
- After treatment selected and applied correctly;
- Workstation clean and tidy in completion of treatment.

## Body Treatment

### Body Treatment – Full Body Treatment inclusive of a full body scrub, body wrap and massage

- Treatment area prepared for treatment;
- Operator and client prepared for treatment according to Health and Safety;
- Client positioned on the bed correctly and with discretion;
- Client's feet washed prior to commencement of treatment;
- Body scrub selected to suit the client's needs;
- Body cleansed of all scrub leaving no residue on the skin and work bed;
- Body wrap applied and client wrapped for a time no longer than 20 minutes;
- Body wrap removed leaving no residue on the client or the bed;
- Range of massage movements selected to suit the client;
- Massage movements smooth and flowing;
- Massage treatment performed to the correct length of time being no less than one hour;
- Transition of movements flowing and comfortable;
- Post-massage procedure showing client discretion;
- Treatment area clean and tidy.



### Lomi Lomi Body Massage

- Treatment area prepared for treatment;
- Operator and client prepared for treatment according to Health and Safety;
- Client positioned on the bed correctly and with discretion;
- Client's feet washed prior to commencement of treatment;
- Massage therapy selected to suit the client's needs;
- Range of massage movements to suit the client;
- Massage movements smooth and flowing;
- Massage treatment performed to the correct length of time being no less than one hour;
- Massage movements flowing and comfortable;
- Post-massage procedure showing client discretion;
- Treatment area clean and tidy.

## **Make up**

### Fantasy Make Up

- Protective covering placed to protect client's hair and clothing;
- Client's skin prepared correctly for make up;
- Make up tools used correctly in application to suit Health and Safety compliance;
- Fantasy make up applied to suit the selected design, Photograph of design to be brought by the Competitor, prepared before the competition;
- Overall make up completed correctly to suit selected design;
- Workstation clean and tidy at the completion of the treatment.

### Evening Makeup

- Protective covering placed to protect the clients hair and clothing;
- Client skin prepared correctly for the makeup;
- Corrective camouflage to determine correct outcomes;
- Makeup tools used correctly in application to suit Health and Safety compliance;
- Makeup application to suit the desired outcome of the makeup Theme;
- Overall makeup suits the Evening Theme;
- Finished look;
- Workstation clean and tidy.

### Lash and Brow Tint

- Treatment area, operator and client prepared for treatment;
- Tint prepared, applied and removed according to client's requirement, ball hairs are tinted from roots to tip;
- Moisturizer/eye cream products applied after treatment;
- Finished look;
- Work station clean and tidy at the completion of the treatment;

The assessment criteria may possibly be changed, added to or removed according to the Test Project development team to suit the supply of products, equipment, implements and model requirements according to availability of the Competition Organizer and to improve the outcome of the Test Projects.



## 4.9 SKILL ASSESSMENT PROCEDURES

The Chief Expert and Deputy Chief Expert do not judge the modules.

Time keepers will be drawn from the Experts available who are not judging for each module. For blind marking all judges will remain in the Experts room during the module and only the Chief Expert and Deputy Chief Expert and Scrutineers9999 will be allowed on the Competition floor.

Experts must have a complete understanding and be briefed on the terminology and outcomes required of individual modules.

- Competitor's couch numbers are drawn by ballot at familiarization and the competitors will move on one working area with each module.
- Models will be checked by the WSS prior to each module and balloted for.
- Experts in the jury and the Stewards must minimize conversation on the floor whilst the Competition is underway – this distracts Competitors.

Scrutineers will ensure that the competitors are not disadvantaged in any way.

### Marking

- Experts will be divided into groups and rotate between Time Keeper, Stewards, Objective Jurors, and subjective Jurors;
- The Experts that are not judging will be Stewards/Scrutineers or Time Keepers to oversee and make sure that Competitors are following the rules. And the competition runs smoothly;
- Stewards will consist of a team. Stewards should remain on the competition floor at all times;
- When marking is finished, the Expert and Competitor may come in to take photos;
- Photos may be taken from outside the barrier or by the official media Expert;
- When all Experts has finished marking, the Experts must go to the Chief Expert with the marking sheets;
- Administrator is to work on the TD and Test Projects and not to go on the Competition floor unless requested by the CE or DCE;
- Free Experts must leave the Competition floor or stay in the Administration room unless requested by CE or DCE.

### Objective/Subjective marking scale

Each project will have individual criteria that will be given to the Competitor and Expert prior to the Competition. These same sheets will be used by the Jury during the Competition.



## 5 THE TEST PROJECT

### 5.1 GENERAL NOTES

Sections three and four govern the development of the Test Project. These notes are supplementary.

Whether it is a single entity, or a series of stand-alone or connected modules, the Test Project will enable the assessment of the skills in each section of the WSSS.

The purpose of the Test Project is to provide full and balanced opportunities for assessment and marking across the Standards Specification, in conjunction with the Marking Scheme. The relationship between the Test Project, Marking Scheme and Standards Specification will be a key indicator of quality.

The Test Project will not cover areas outside the Standards Specification, or affect the balance of marks within the Standards Specification other than in the circumstances indicated by Section 2.

The Test Project will enable knowledge and understanding to be assessed solely through their applications within practical work.

The Test Project will not assess knowledge of WorldSkills rules and regulations.

This Technical Description will note any issues that affect the Test Project's capacity to support the full range of assessment relative to the Standards Specification. Section 0 refers.

### 5.2 FORMAT/STRUCTURE OF THE TEST PROJECT

The format/structure is a series of standalone modules that relate to current industry standards.

### 5.3 TEST PROJECT DESIGN REQUIREMENTS

The Deputy Chief Expert will oversee and be responsible for each design team to ensure productivity and quality of treatment standard to reflex the current measures in a global beauty profession for the Test Projects modules for the next Competition.

Where there is to be a new Expert for a country/region the experienced Expert on the selected design team will train and support that Expert prior to the Competition.

Once the design team has agreed on the Test Project module/s these will be translated by the design team into the languages if the Experts in that team.

All Experts must bring with them to the current competition ideas for updating and improving Test Project modules and the Technical Description to reflect the current measures in a global beauty profession.

The Experts will decide on the Infrastructure List in partnership with the Workshop Manager.

The Experts decide on the marking scheme which will include 85% objective marking, 15% subjective. It will also be decided by each Test Project design team as to the inclusion of blind marking to be applied.



#### Skin Treatments (three hours)

- Advanced Facial
- Ultra Sonic
- Eyes and Brows Treatments

#### Spa Day (three hours)

- Body Treatment: Body Scrub, Body Wrap
- Swedish massage
- Expressed Facial

#### Body Massage (1.30 hours)

- Lomi Lomi Style

#### Spa Nails (three hours)

- Spa Manicure
- Spa Pedicure

#### Make Up (7.30 hours)

- Evening Make up with Artificial Tip and Gel Polish (3.30 hours)
- Fantasy Make Up: Rio Carnival with Nail Art (four hours)

### **Test Project details**

#### Skin Treatments

- Advanced Facial with Ultra Sonic, Eyes and Brows Treatments (three hours):
  - Face mapping/skin analysis/home care;
  - Facial procedure with cleaning, exfoliation, mask;
  - Facial massage;
  - Ultra Sonic according to the manufacturing instruction/procedure;
  - Lash tint;
  - Brow tint and shape.

#### Spa Day

- Body Treatment:
  - Body clean;
  - Body scrub on Back and Legs;
  - Body wrap on Back and Legs.
- Swedish Massage (60 minutes):
  - Five classical movements;
  - Massage on Shoulders, Back, Legs, Arms.

#### Expressed Facial (45 minutes)

- Facial procedure with exfoliation, mask/massage

#### Body Massage

- Foot soak,;
- Dry exfoliation by using brush or glove
- Lomi Lomi style (60 minutes)
- Massage areas; Shoulders, back, legs, arms. Decollate, Head and Face



### Spa Nails

- Spa Manicure
  - Manicure procedure with nail shape, cuticle care, cleanse, exfoliation, mask, massage;
  - Base coat, Red polish, Top coat.
- Spa Pedicure
  - Pedicure procedure with foot soak, nail shape, cuticle care, exfoliation, glycolic treatment, mask, massage;
  - Base coat, Red polish, Top coat.

### Make Up

- Evening Make Up with Artificial Tip and French Gel Polish:
  - Blind Marking;
  - Foundation and correction;
  - Eye make-up;
  - Eye liner;
  - False lashes;
  - Blusher;
  - Eye brow correct;
  - Lip liner;
  - Lip stick;
  - Gel Polish on Artificial Tip with pink and white colour.
- Fantasy Make Up and Nail Art
  - Make UP
    - Rio Carnival theme;
    - Free hand to face and decollate;
    - No stencil;
    - Foundation and correction;
    - Eye make-up;
    - Eye liner;
    - False lashes;
    - Blusher;
    - Eye brow correct;
    - Lip liner;
    - Lip stick;
    - Decoration items e.g. gems, glitter, head dress, jewellery, etc.;
    - Photograph of designed to be brought to the competition;

### Nail Art

- Rio Carnival complemented;
- Free hand;
- Three techniques;
- Top coat.



## 5.4 TEST PROJECT DEVELOPMENT

The Test Project MUST be submitted using the templates provided by WorldSkills International ([www.worldskills.org/expertcentre](http://www.worldskills.org/expertcentre)). Use the Word template for text documents and DWG template for drawings.

### 5.4.1 Who develops the Test Project or modules

The Test Project/modules are developed by the design team and the Deputy Chief Expert.

### 5.4.2 How and where is the Test Project or modules developed

The Test Project/modules are developed jointly by the design team and the Deputy Chief Expert using the Discussion Forum.

### 5.4.3 When is the Test Project developed

The Test Project is developed according to the following timeline:

TIME	ACTIVITY
At the previous Competition	The Test Project modules are selected by vote of all Experts. These modules are further developed by the design team using the Discussion Forum
Six (6) months prior to the Competition	Test Project modules are circulated on the website
At the Competition	Experts bring proposals for 30% change. These is discussed and agreed by the Experts by vote

## 5.5 TEST PROJECT VALIDATION

The Test Project validation is set by the marking criteria set against each module. The design team is made up of All Experts from different countries will select the marking criteria against a global industry criterion.

On arrival to the Competition the developed modules and marking criteria will be scrutinized by all Experts to ensure an agreement of the marking criteria.

Each module will be judged by three or five Experts using the same marking criteria for each Competitor to validate the correct treatment routine and procedure have been performed by the Competitor.

The three or more Experts judging will then mark the Competitor on the performance and presentation of the completed module.

All modules and marking criteria developed will be supervised by the Deputy Chief Expert.

## 5.6 TEST PROJECT SELECTION

The Test Project is selected by vote of Experts at the previous Competition.

## 5.7 TEST PROJECT CIRCULATION

The Test Project is circulated via the website as follows:

Six months before the Competition.



## 5.8 TEST PROJECT COORDINATION (PREPARATION FOR COMPETITION)

Coordination of the Test Project will be undertaken by the Chief Expert and Deputy Chief Expert.

## 5.9 TEST PROJECT CHANGE AT THE COMPETITION

All Experts will be responsible for bringing proposals for the 30% change to be made prior to the start of the Competition. The Experts then discuss and decide on the 30% change to be implemented.

## 5.10 MATERIAL OR MANUFACTURER SPECIFICATIONS

Specific material and/or manufacturer specifications required to allow the Competitor to complete the Test Project will be supplied by the Competition Organizer and are available from [www.worldskills.org/infrastructure](http://www.worldskills.org/infrastructure) located in the Expert Centre.

A Competitor material list will be attached to the pre-competition information and available to the Competitor six months prior to the Competition.

The material list will be of materials, implements and products to be supplied by the Competitor for the Competition as a tool box to assist the successful performance of treatments during the Competition.

If Competitors bring materials, implements and product that are not on the list they will not be able to use them unless unanimously voted by all the Competitors and Experts at the Competition, this will result in an impartial and equitable Competition.

The Competitor can only bring the tools specified in the pre-competition information:

- A full list of all materials and equipment must be available in the pre-competition information and be made available for purchase by each country six months prior to the Competition.
- All materials will be available during the preparation hours for the Competitors before the Competition starts for training purposes.
- All materials necessary to complete each task will be provided unless specified in the pre-Competition information.

If a Competitor uses material, implements or products not on the list they could potentially be disqualified during the Competition.





## 6 SKILL MANAGEMENT AND COMMUNICATION

### 6.1 DISCUSSION FORUM

Prior to the Competition, all discussion, communication, collaboration, and decision making regarding the skill competition must take place on the skill specific Discussion Forum (<http://forums.worldskills.org>). Skill related decisions and communication are only valid if they take place on the forum. The Chief Expert (or an Expert nominated by the Chief Expert) will be the moderator for this Forum. Refer to Competition Rules for the timeline of communication and competition development requirements.

### 6.2 COMPETITOR INFORMATION

All information for registered Competitors is available from the Competitor Centre ([www.worldskills.org/competitorcentre](http://www.worldskills.org/competitorcentre)).

This information includes:

- Competition Rules
- Technical Descriptions
- Marking Schemes
- Test Projects
- Infrastructure List
- Health and Safety documentation
- Other Competition-related information

### 6.3 TEST PROJECTS [AND MARKING SCHEMES]

Circulated Test Projects will be available from [www.worldskills.org/testprojects](http://www.worldskills.org/testprojects) and the Competitor Centre ([www.worldskills.org/competitorcentre](http://www.worldskills.org/competitorcentre)).

### 6.4 DAY-TO-DAY MANAGEMENT

The day-to-day management of the skill during the Competition is defined in the Skill Management Plan that is created by the Skill Management Team led by the Chief Expert. The Skill Management Team comprises the Jury President, Chief Expert and Deputy Chief Expert. The Skill Management Plan is progressively developed in the six months prior to the Competition and finalized at the Competition by agreement of the Experts. The Skill Management Plan can be viewed in the Expert Centre ([www.worldskills.org/expertcentre](http://www.worldskills.org/expertcentre)).



## 7 SKILL-SPECIFIC SAFETY REQUIREMENTS

Refer to Host Country/Region Health and Safety documentation for Host Country/Region regulations.

- Competitors must wear gloves when waxing areas prone to blood spotting that is underarm, lip and on any other area where blood may be present;
- All soiled disposables will be disposed of in a lined bin and discarded at the Competition on every module;
- All sharp implements will be disposed of in a suitable sharps container and discarded by the Workshop Manager at the end of each Competition day;
- All electrical equipment will be tested and tagged by the Competition Organizer's electrical team and checked by the Workshop Manager prior to the Competitor Familiarization Day;
- All Test Project clients to be pre-tested for allergies and adverse reactions to products and treatments by the Workshop Manager prior to the commencement of each day of Competition;
- All products to be checked by the Workshop Manager for contamination and expiry dates to ensure all products are of a sanitized condition;
- Expert and Competitors must observe the Competition Organizer health and safety rules prior to the Competition.



## 8 MATERIALS AND EQUIPMENT

### 8.1 INFRASTRUCTURE LIST

The Infrastructure List details all equipment, materials and facilities provided by the Competition Organizer.

The Infrastructure List is available at [www.worldskills.org/infrastructure](http://www.worldskills.org/infrastructure).

The Infrastructure List specifies the items and quantities requested by the Experts for the next Competition. The Competition Organizer will progressively update the Infrastructure List specifying the actual quantity, type, brand, and model of the items. Items supplied by the Competition Organizer are shown in a separate column.

At each Competition, the Experts must review and update the Infrastructure List in preparation for the next Competition. Experts must advise the Technical Director of any increases in space and/or equipment.

At each Competition, the Technical Observer must audit the Infrastructure List that was used at that Competition.

The Infrastructure List does not include items that Competitors and/or Experts are required to bring and items that Competitors are not allowed to bring – they are specified below.

### 8.2 MATERIALS, EQUIPMENT AND TOOLS SUPPLIED BY COMPETITORS IN THEIR TOOLBOX

The Competitor can only bring the tools specified in the pre-competition information:

- A full list of all materials and equipment must be available in the pre-competition information and be made available for purchase by each country/region nine months prior to the Competition;
- All materials will be available during the preparation hours for the Competitors before the Competition starts for training purposes;
- Competitors will be advised on implements and equipment allowed to bring to the Competition, all competing countries/regions will advise on special implements used be included into their tool list providing it is approved by the Competition Organizer;
- All materials necessary to complete each task will be provided unless specified in the pre Competition information.

### 8.3 MATERIALS, EQUIPMENT AND TOOLS SUPPLIED BY EXPERTS

Not applicable.

### 8.4 MATERIALS AND EQUIPMENT PROHIBITED IN THE SKILL AREA

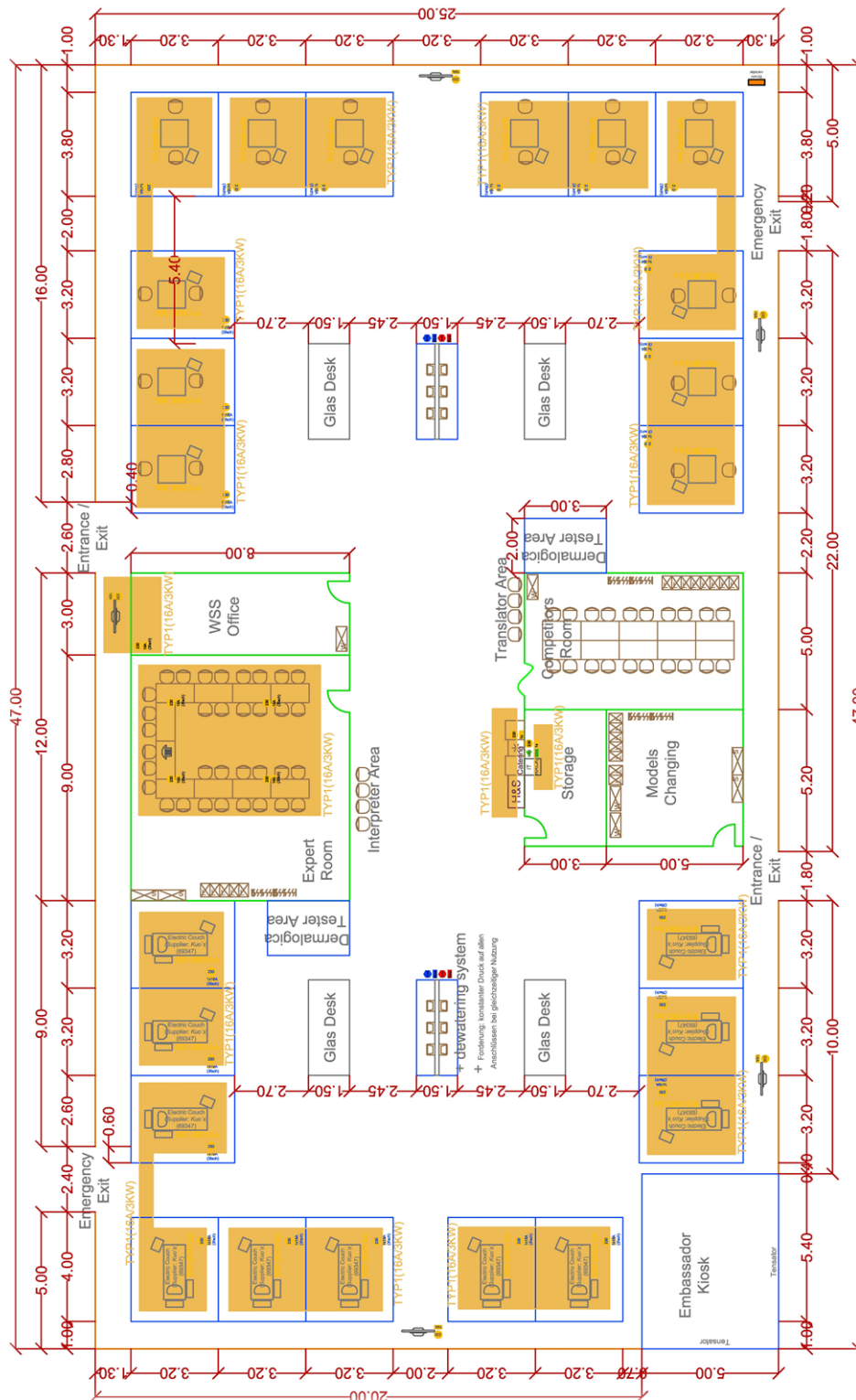
Competitors must use only the materials provided unless specified in the pre-competition information.



## 8.5 PROPOSED WORKSHOP AND WORKSTATION LAYOUTS

Workshop layouts from previous competitions are available at [www.worldskills.org/sitelayout](http://www.worldskills.org/sitelayout).

Example workshop layout:







## 9 VISITOR AND MEDIA ENGAGEMENT

Following is a list of possible ways to maximize visitor and media engagement:

- Try a trade;
- Display screens;
- Test Project descriptions;
- Enhanced understanding of Competitor activity;
- Competitor profiles;
- Career opportunities;
- Daily reporting of Competition status;
- Spectator and non-judging beauty personal interaction.



## 10 SUSTAINABILITY

- Recycling;
- Use of 'green' materials;
- Use of completed Test Projects after Competition